

# **READ THE COMPLETE INSTRUCTIONS BEFORE STARTING TO USE**

If you have any questions consult your pharmacist.



#### Video instructions

#### WHAT DO YOU NEED TO KNOW BEFORE YOU USE EXCILOR® 2 IN 1 WART & VERRUCA TREATMENT

- Do not use Excilor<sup>®</sup> 2 in 1 Wart & Verruca Treatment If the wart is located on an area other than the hand or foot:
- On bleeding, irritated, inflamed skin or skin showing
- On skin tags, moles, dark patches of skin, freckles, water warts (mollusca contagiosa), seborrhoeic keratosis (verruca seborrheica), or exfoliated skin; If you have any doubt if the condition is a wart;
- If you are hypersensitive to any of the ingredients.

# If you are uncertain whether you have a wart or not, consult your general practitioner prior to use.

## 🕂 Warnings and precautions

- 1. For warts located on hands or feet ONLY. 2. Do not swallow or inhale the freezing agent and use only in well ventilated areas.
- 3. Only use in combination with the foams provided. 4.Do not apply excessive pressure when pushing the foam onto the wart.
- 5. Apply the foam for a maximum of 20 seconds on
- a common wart and a **maximum of 40 seconds** on a foot wart. (See the section WHAT IS A WART?) 6.Do not dab the foam on the area around the wart.
- 7. The foams are for single use only. 8. The freezing agent is flammable and may cause frostbite on healthy skin.
- 9.Do not hold the cryo reservoir near your face or over parts of your body or clothing.
- 10.Keep away from any open fire, ignition sources, heat sources, direct sunlight and electrostatic and electrical sources. Do not expose the device to

- 22. Do not touch or pick the treated skin as a wart is contagious. Do not peel off the scab as it needs to fall off by itself.
- 23. To maintain personal hygiene the treatment should
  - only be used by a single user.
- 24. Consult your general practitioner if:
  - the stinging sensation persists
  - the wart has not disappeared after 3 treatment cycles.
  - you experience irritation, redness or pain.

#### WHAT TO EXPECT?

What to EXPECT? During the treatment, a layer of callus (hardened skin layer) will be formed on the site of the treated wart. This callus will gradually wear. A blister, which may not be visible to the naked eye may appear underneath the wart. If this occurs, the thickened skin of the wart and its causative virus will disappear or fall off.

To verify whether the wart has been removed you could soak the treated area in lukewarm water for 5 minutes and gently rub the callus carefully with a file. If the skin doesn't show little black dots (little blood vessels, typical for a wart), the wart has been removed.

The callus is not a wart. The callus may need a couple of weeks to wear before the optimal result is seen. Renewed skin will appear smoother, slightly pink and regain its natural colour within subsequent weeks.

#### WHAT IS A WART?

#### WHO CAN USE EXCILOR® 2 IN 1 WART & VERRUCA TREATMENT?

Excilor<sup>®</sup> 2 in 1 Wart & Verruca Treatment can be used by adults and children from 4 years old. Adults should apply the treatment to children.

During pregnancy or breastfeeding or in case you are diabetic, have poor blood circulation or skin diseases it is recommended to consult your general practitioner prior to use.

#### WHAT ARE THE POSSIBLE SIDE EFFECTS?

When used on healthy skin, stinging, slight burning or painful sensation of the treated area may appear, which may cause skin damage. In case the stinging, burning or painful sensation continues until the next application, treatment should be stopped.

Complications are infrequent. It is extremely rare that a permanent mark or scar will occur. This could mostly be related to an abnormality such as healing disorders or infection. If so, please consult your general practitioner. As with all freezing methods the skin may turn white

- temporarily.
- Application of the freezing agent may cause a stinging, itching, aching feeling during and after freezing that quickly decreases after the area thaws. Over exposure to the freezing product could cause
- damage to the top layers of the skin, resulting in scars and/or may lead to nerve damage.

#### WHAT ARE THE INGREDIENTS?

Cryo-Active<sup>™</sup>, TCA-Active<sup>™</sup> (based on Trichloroacetic Acid), Carbopol, Aqua.

# HOW TO STORE?

- temperatures above 50°C.
- 11.Do not smoke or have lit cigarettes close by.
- 12. Do not pierce or burn the freeze reservoir, even after use. 13. The treatment gel contains a corrosive acid.
- 14. Avoid contact with eyes and mucosal membranes. In case the gel accidentally comes in contact with eyes or mucosal membranes, rinse with plenty of water and seek medical assistance.
- 15. Avoid contact with healthy skin surrounding the wart. You may use an ointment like vaseline in order to protect the surrounding area before applying the gel.
- the gel makes contact with healthy skin, clean 16.If the area immediately with copious amounts of soap and water to prevent irritation or burning feeling of the healthy skin.
- 17. If you have difficulties with applying the gel precisely, for example on the sole of the foot, ask for assistance.
- Avoid contact of the gel with clothes, jewellery, fabrics or furniture as it may damage them.
  Wash your hands (except for the treated area)
- immediately after use. If you have treated a wart on the hands wait 5 minutes.
- 20. After use there may be small residues of treatment gel left in the device. Caution is recommended when closing and re-opening the device.
- 21.Do not expose the treated area to sunlight until the skin has returned to normal. This may take 4 to 6 weeks. Skin hyper- or hypo-pigmentation may occur because of sunlight exposure.

Common warts (verruca vulgaris) and foot warts (verruca plantaris) appear on the skin as small, rough 'cauliflower-like' growths, caused by human papillomavirus (HPV) infection. Common warts occur mostly on hands, fingers or toes. Foot warts mainly grow on the soles of the feet or heels and tend to be flatter, harder and are often tender/painful when walking or standing. Both are highly contagious and affect three out of four people during their lifetime.

# HOW DOES EXCILOR<sup>®</sup> 2 IN 1 WART & VERRUCA TREATMENT WORK?

Excilor<sup>®</sup> 2 in 1 Wart & Verruca Treatment is a Self-Care Medical Device for an effective and fast acting treatment of common warts and foot warts. Excilor 2 in 1 Wart & Verruca Treatment contains one product with a freezing agent, and one product with a gel, based on the Active Medical Ingredient TCA-Active<sup>™</sup>, combining cryotherapy and gel treatment in one device. By targeting the wart by both rapidly freezing the core of the wart and peeling of the infected skin, you combine the two most commonly used wart treatments for quicker results. Both the thickened skin of the wart and its causative virus are removed and new healthy skin will appear.

#### COMBINATION WITH OTHER TREATMENTS AND/OR MEDICINES

Do not use with other wart treatments. There are no known interactions with medicines, if used according to the Instructions for Use.

- Keep out of sight and reach of children.
- 15 °C Store in the original packaging at room temperature (15-25°C) and protect from sunlight.
- Keep away from open fire, ignition sources, ٨ heat sources, direct sunlight and electrostatic and electrical sources. Do not expose the device to temperatures above 50 °C.

Carefully clean the tip of the gel applicator with a tissue after every use and lock the device.

Do not use after the expiry date as printed on the device and outer box. After first opening, the product has a shelf life of 6 months. Do not exceed the expiry date.

#### WHAT IS THE CONTENT OF THE PACKAGE?

- One device containing 2 products: One 11.5 mL  $\oplus$  cryo reservoir with foam holder plus foam
- One 1 mL TCA-Active<sup>™</sup> gel applicator
- Bag with 5 application foams
- Instructions for Use

HOW TO USE EXCILOR® 2 IN 1 WART & VERRUCA TREATMENT? See back of the leaflet

# HOW TO USE EXCILOR® 2 IN 1 WART & VERRUCA TREATMENT?

1. Read complete Instructions or watch the video.

**Day 1**: apply cryotherapy **\***. Adults and children: **one time only**.

Day 2, 3, 4, 5: apply gel treatment (). Adults: 2x per day; Children 4-12 years: 1x per day.

When used for the first time, treat only one wart before treating multiple warts, to experience the effect on your skin. Start treating another wart only if you didn't experience any side effects (normally within 5 days). If there are multiple warts close to one another (within 1 cm), wait until the skin has returned to normal before treating another wart (this can take up to 6 weeks).

If the wart does not disappear completely, the treatment can be repeated up to 3 times. Repeat the entire treatment schedule after a minimum of 4 days up to 1 week resting period. See WHAT TO EXPECT? to help you judge whether your wart has been completely removed or not.

Note: When treating a wart covered by callus, it is advisable to first soak the foot in lukewarm water for 5 minutes and rub the callus carefully with a file prior to the treatment.

# Day 1 - FREEZE | Product 1

### **GET READY FOR THE TREATMENT:**





Remove safety sticker.









3. Check foam inside.

**NOTE:** If used for the second time, place new foam in black foam holder. Do not reuse the foam.

### **APPLY THE TREATMENT:** NOTE: Read steps 4-8 before proceeding! Use a timer.



**4.** Stabilise on table throughout the whole procedure.



**5. Align** 🔆 symbols. Do not twist or press down.





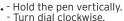
6. FIRMLY PRESS 1 second. Then lift black foam holder from blue freeze reservoir.

NOTE: If charged for too long, harmless cold liquid will spill from the device. This is very cold, but not harmful. Wash off immediately when in contact with healthy skin.



7. WAIT 20 seconds for optimal temperature to be reached, frosting and harmless condensation will appear.





Align () with and pull to open.

- Click with brief pause to disperse gel
- from the tip. Wipe tip and click only once for accurate dose.

NOTE: When used for the first time: it may take several (up to 8) full turns to build up sufficient pressure to break the airtight seal and release the gel into the tip.

#### APPLY THE TREATMENT: NOTE: Read steps 3-8 before proceeding! Use a timer.

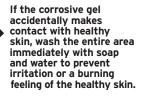
Day 2, 3, 4, 5 - GEL | Product 2

1. Open product 2.

**GET READY FOR THE TREATMENT:** 



3. Apply one drop (one click) strictly on the wart. If one drop does not cover the entire wart, apply another drop of gel.





### AFTER THE TREATMENT:



5. Clean tip with a tissue.



6. Relock device. Twist from  $\blacksquare \rightarrow \blacksquare$ .









NOTE: 40 seconds on foot warts with thicker or calloused skin.

8. LIGHTLY PRESS 20 seconds on wart.

20

### AFTER THE TREATMENT:



9. Wait 2 minutes before using a tissue to remove foam and discard.

NOTE: To treat another wart repeat from step 3.



8. Repeat treatment twice a day for 4 days.

NOTE: For children 4-12 years: apply gel only 1x per day.









#### MANUFACTURER



The Instructions for Use were last revised in December 2017

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#### DISTRIBUTOR

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